



Watch the video and read the conversation between Sophie and Linnea. Then do these exercises to check your understanding of adverbs of frequency.


**Grammar
Snacks**

1. Check your grammar: grouping – adverbs of frequency

Write the words and phrases in the correct group.

occasionally	hardly ever	seldom	once a month	never
every Wednesday	sometimes	quite often	on Mondays	three times a week

Before the main verb <i>e.g. I _____ go swimming.</i>	At the end of the clause <i>e.g. I go swimming _____.</i>

2. Check your grammar: reordering – adverbs of frequency

Write a number 1–3 to put these sentences in order of frequency (least frequent = 1 and most frequent = 3).

- He usually goes bowling on Saturdays.

..... He occasionally goes bowling.

..... He never goes bowling.
- I only see him once a month.

..... We see each other every weekend.

..... We hardly ever see each other.

3. Occasionally we watch TV together.
..... We like watching TV together every evening.
..... We watch TV together on Thursdays.

3. Check your grammar: reordering – adverbs of frequency

Write the words in the correct order to make sentences.

1. always | hand in | I | on time. | my homework
.....
2. her birthday | celebrates | twice a year. | The Queen
.....
3. in the evening. | play | We | computer games
.....
4. You | your future. | about | hardly ever | think
.....
5. never | seen | I have | her before.
.....
6. use | most afternoons. | the school library | I
.....
7. go | My parents | about once a year. | to the cinema
.....
8. black in summer. | normally | wear | I | don't
.....

Discussion

What are your hobbies? How often do you do them?