

Answers to **How to improve your memory – exercises****Preparation**

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| 1. b | 5. h |
| 2. g | 6. d |
| 3. f | 7. a |
| 4. c | 8. e |

1. Check your understanding: multiple selection

- ✓ We all use memory in the same way.
- ✓ There are two different forms of memorisation.
- ✓ Teaching helps us to memorise.
- ✓ We can train our brains to be more effective.

2. Check your vocabulary: gap fill

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|-----------------|----------------------|
| 1. memory | 5. association |
| 2. improvements | 6. visualisation |
| 3. combination | 7. formulas/formulae |
| 4. information | 8. ability |