

Listening skills practice: How to study – exercises

Listen to the school assembly about how to study and do the exercises to practise and improve your listening skills.

1. Preparation: grouping

Do this exercise before you listen. Put the study ideas in the correct group.

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|---|--|--|
| a. Just read your notes, but don't highlight them or write anything extra | b. Think long term | c. Make a study timetable |
| d. Take regular breaks | e. Answer email, text messages and Facebook messages immediately | f. Work where there are distracting noises |

Good study habits	Bad study habits

2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

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|---|-------------|--------------|
| 1. The students will be taking exams soon. | <i>True</i> | <i>False</i> |
| 2. A revision timetable could be from one to six weeks. | <i>True</i> | <i>False</i> |
| 3. No one can really concentrate properly with music on. | <i>True</i> | <i>False</i> |
| 4. You should try to forget about the internet, text messages, Twitter, Facebook, etc. while you're studying. | <i>True</i> | <i>False</i> |
| 5. You should try not to have a break until you really need one. | <i>True</i> | <i>False</i> |
| 6. Underlining or highlighting your notes is better than writing more notes. | <i>True</i> | <i>False</i> |
| 7. Mind maps are good because they mirror the way the brain works. | <i>True</i> | <i>False</i> |
| 8. The most important thing is to remember the information. You don't have to understand it. | <i>True</i> | <i>False</i> |

3. Check your understanding: gap fill

Complete the gaps with a word or phrase.

1. Some of you are probably fantastic at studying, really organised and _____.
2. It's a good idea to have some kind of _____ or _____.
3. If you're studying for an important exam, it's important to think _____.
4. Make sure the place where you're going to study is _____, with no distracting _____.
5. If you have to work near a TV, you might have to use _____ to drown out the sound of the TV.
6. While you're studying, you should _____ the internet, text message, Facebook, etc.
7. You should plan your studying and take regular _____.
8. It is better to write notes, so your mind is _____ the information more.
9. Mind maps seem to work in the same way the _____ works.
10. Which study method you choose all depends on your personal _____.

Are you good at studying?

What distracts you?

What do you do to help you concentrate?