

What is oversharing? Listen to some teenagers talk about it in this video.

Do the preparation task first. Then watch the video and do the exercises. Remember you can read the transcript at any time.

### Preparation

Match the vocabulary with the correct definition and write a–j next to the numbers 1–10.

- |                                   |  |
|-----------------------------------|--|
| 1..... to edit                    | a. a saved image of what is on a computer or phone screen                                    |
| 2..... significant                | b. to make changes   |
| 3..... a finsta                   | c. to be unable to change something  |
| 4..... a spam account             | d. important   |
| 5..... to be stuck with something | e. a fake Instagram account (a combination of the words 'fake' and 'Instagram')              |
| 6..... a screenshot               | f. a secondary social media or email account that you use for posting silly or random things |
| 7..... to take something down     | g. careful, not taking any risks   |
| 8..... to put something up        | h. to post something on the internet   |
| 9..... to scrutinise              | i. to remove or delete something from the internet   |
| 10..... cautious                  | j. to examine something very carefully   |

### 1. Check your understanding: grouping

Write the tips in the correct group.

make your account public and say where you live.	be cautious with what you post.	post all the time just to please other people.
be aware that your posts are going to be there forever.	remember that people can take screenshots of your posts, or save and edit them.	share too much of your personal life with a lot of people.

You should ...	You shouldn't ...

## 2. Check your understanding: matching

Match the two parts of the sentences and write a–f next to the numbers 1–6.

- |        |   |    |  |
|--------|---|----|--|
| 1..... | Having a lot of people see your posts can be          | a. | everyone is going to like you.         |
| 2..... | If you're a teenager, you're going to make            | b. | how other people view you.             |
| 3..... | Oversharing is putting too much of your personal life | c. | kind of scary.                         |
| 4..... | What you share is going to affect                     | d. | it can be there forever.               |
| 5..... | Just because you post all the time doesn't mean that  | e. | bad decisions sometimes.               |
| 6..... | Once you put something online,                        | f. | in front of a wide audience of people. |

### Discussion

Do some people post too often and share too much personal information? What do you do to stay safe on social media?