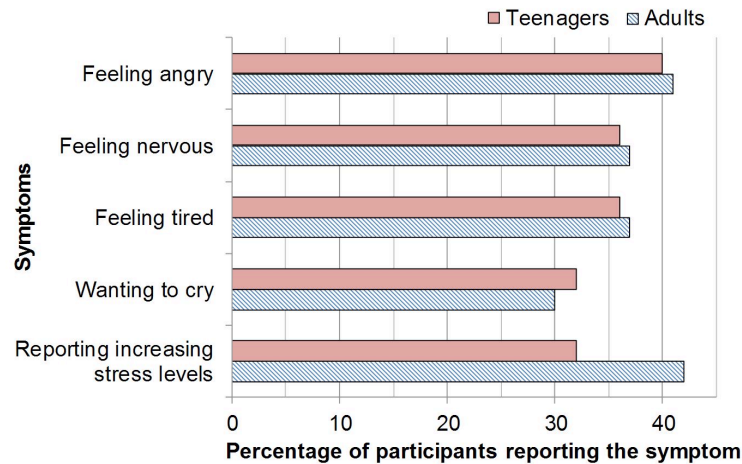


Exam question

The chart shows the symptoms of stress reported by survey participants in the month before the survey took place.

Summarise the information in the chart by selecting and reporting the main features. Make comparisons where relevant.



The bar chart illustrates teenagers' experiences of stress in relation to those of adults. The chart presents five separate indicators: feeling angry, feeling nervous, feeling tired, wanting to cry and reporting increasing stress levels. The data refers to the one-month period previous to conducting the survey.

Overall, a similar percentage of teenagers and adults have suffered the first four symptoms. 40% of teenagers reported feeling angry as a result of stress, while just 1% more adults reported having the same experience. Over a third of teenagers reported feeling nervous and tired: 36%, compared to 37% of adults. At 32%, slightly more teenagers than adults reported wanting to cry.

The only indicator where there was a significant difference between the two groups related to changing stress levels. 42% of adults said that their levels of stress were going up, whereas only 31% of teenagers reported increasing stress levels.

To sum up, more than a third of all adults and teenagers who took part in the survey have reported signs of stress in the previous month. Although they are less likely to report increasing stress, the figures for teenagers show levels of stress symptoms very similar to adults.

Top Tips for writing

1. Start by saying exactly what the chart shows. Mention the time period, the place and any other details given about the participants.
2. Describe the information in general before going into detail.
3. Compare the information for the two groups in more detail. Describe similarities and differences.
4. To sum up, highlight the most important things the information shows.