

In the UK fewer women than men do sport regularly. The campaign 'This girl can' aims to encourage more women to do sport.

Do the preparation task first. Then watch the video and do the exercise. Remember you can read the transcript at any time.

Preparation

Match the vocabulary with the correct definition and write a–h next to the numbers 1–8.

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|--------------------------|---|
| 1..... proud | a. long, decisive step |
| 2..... lies | b. sweet |
| 3..... cute | c. false information |
| 4..... phenomenal | d. amazing |
| 5..... secret | e. an amount of space that something covers |
| 6..... a stride | f. kept hidden from others |
| 7..... a span | g. a facial expression, made by raising the side of your lips upwards |
| 8..... curl of your lips | h. pleased |

1. Check your understanding: matching

Match the two parts of the sentences and write a–h next to the numbers 1–8.

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|-------------------------|--------------|
| 1..... In the reach of | a. my feet. |
| 2..... the span of | b. my teeth, |
| 3..... the stride of | c. my arms, |
| 4..... the curl of | d. my eyes, |
| 5..... It's the fire in | e. my hips, |
| 6..... the flash of | f. my waist, |
| 7..... the swing in | g. my step, |
| 8..... the joy in | h. my lips. |

Discussion

Did you like the video? What sports do you do and would you like to do?